

Introduction

We sincerely believe in the saying "a well taken case is half cured". The given case sheet form is to give a general idea to the patients of what they need to detail the doctor during the secondary consultation. Hence the patients should co-operate in taking the case in detail by procuring as much information as possible from their relatives.

NOTE: One need not to be worried if they can't gather the desired information regarding family history.

Case Sheet

Name of the Patient:

Address:

Age: Sex: Veg(s)/Non-Veg:

Occupation:

Unmarried/Married:

Complaint:

Family History:-

Paternal:

PGF (Paternal Grand Father)
PGM (Paternal Grand Mother)
Father

Diseases to be kept under consideration:-
Hyper tension, diabetes, T.B.,
asthma, cancers, knee joint pains,
other rheumatic troubles,
paralysis, heart, lung or kidney
diseases, psychological disorders,
migraine, sciatica,
jaundice, stones(urinary & gall
bladder) thyroid troubles.

Maternal:

MGF (Maternal Grand Father)
MGM (Maternal Grand Mother)
Mother

Siblings:

Brothers
Sisters

Past History:-

Health conditions of the mother while carrying the patient, mainly Morning sickness, diabetes, hypertension, oedema, infections, medicinal substances used.

Birth Conditions i.e., Term, mode of delivery

Neonatal Conditions i.e., functional or structural abnormalities of child at birth

Breast feeding

Vaccinations and their effects

Mile stones (dentition, talking, walking)

Cold catching tendencies

Recurrent fevers, diarrhoeas

Worms

Bed wetting

skin troubles(ring worm, scabies, herpes, rashes etc.)

Epidemic Complaints (chicken pox, measles, mumps, whooping cough etc.,)

Childhood Mental Traits

1. Anger, Obstinacy
2. Fear of (dogs, darkness, loneliness, thunderstorm etc.)
3. Sadness, weeping

Suppressions (skin/eruptions/fevers/diarrhoeas)

Menses details - duration, interval, pains and associated troubles before, during and after menses (in females)

Acquired Miasms

Marriage

Injuries/accidents

pregnancy, delivery, breast feeding (in females)

White discharge (in females)

Menopause (in females)

Loss of fluids at any stage of life such as
Excessive loss of blood in menses, other forms, blood donation
prolonged breast feeding and escape of milk from breasts.
Sexual excesses and masturbation
Severe diarrhoea, vomitings & profuse sweating
Fluid drained in hydrocele from coverings of heart, lungs, brain ;
swollen joints and dropsy of body tissues.

Present complaints :-

Appetite, desires and aversions to food.(sweet, sour, salt, peppers, milk & non veg etc.)

Thirst

Bowel Movement (diarrhoeic/constipated)

Urination

Sleep (Timings, Likes/dislikes, dreams, activities during sleep)

Perspiration

Sexual troubles

Menses (with conditions before, during & after), leucorrhoea.

Thermal circumstances.

Symptoms from head to toe.

Mental Symptoms